

## Sunday 1<sup>st</sup> March 2026      The Second Sunday of Lent

Almighty God, you show to those who are in error the light of your truth, that they may return to the way of righteousness: grant to all those who are admitted into the fellowship of Christ's religion, that they may reject those things that are contrary to their profession, and follow all such things as are agreeable to the same; through Jesus Christ our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

### **A reading from Genesis (12.1-4a)**

The Lord said to Abram, 'Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.' So Abram went, as the Lord had told him; and Lot went with him.

This is the word of the Lord. **Thanks be to God.**

### **Psalm 121**

- 1 I lift up my eyes / to the / hills: from / where is my / help to / come?
- 2 My help comes / from the / Lord: the / maker of / heaven and / earth.**
- 3 He will not suffer your / foot to / stumble: he who watches / over you / will not / sleep.
- 4 Behold, he who keeps watch / over / Israel: shall / neither / slumber nor / sleep.**
- 5 The Lord himself / watches / over you: the Lord is your shade / at your / right / hand,
- 6 So that the sun shall not / strike you by / day: nei/ther the / moon by / night.**
- 7 The Lord shall keep you / from all / evil: it is / he who shall / keep your / soul.
- 8 The Lord shall keep watch over your going out \* and your / coming / in: from this time / forth for / ever/more.**

### **A reading from Romans (4.1-5, 13-17)**

What are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? 'Abraham believed God, and it was reckoned to him as righteousness.' Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is

reckoned as righteousness. For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, 'I have made you the father of many nations') Abraham believed in the presence of the God who gives life to the dead and calls into existence the things that do not exist.

This is the word of the Lord. **Thanks be to God.**

Listen to the Gospel of Christ according to St John  
**Glory to you, O Lord.**

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, 'Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.' Jesus answered him, 'Very truly, I tell you, no one can see the kingdom of God without being born from above.' Nicodemus said to him, 'How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?' Jesus answered, 'Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, "You must be born from above." The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.' Nicodemus said to him, 'How can these things be?' Jesus answered him, 'Are you a teacher of Israel, and yet you do not understand these things? Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? 'No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.'

This is the Gospel of the Lord. **Praise to you, O Christ.**



**ALL SAINTS CHURCH , OYSTERMOUTH  
AND NORTON MISSION CHURCH**



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**Sunday 1st March 2026  
The second Sunday of Lent / St. David's Day**

**Welcome to our worship today.  
Happy St. David's Day.**

**HYMNS AT OUR CHORAL EUCHARIST : 188 , 321 , 566 , 237**

<b>TODAY</b>	<b>8.30 am</b>	<b>Holy Eucharist (All Saints)</b>
	<b>10.00 am</b>	<b>Choral Eucharist ( followed by tea / coffee )</b>
	<b>11.30 am</b>	<b>Sung Eucharist in Norton Church</b>
	<b>6.00 pm</b>	<b>A Flavour of Wales with Rob Pendry in All Saints. Do come along.</b>
<b>MONDAY</b>	6.30 pm	Men's Society at the BCYC. the speaker will be Ken Sawyer - he will be telling about his uncle who was Winston Churchill's Valet
<b>TUESDAY</b>	10.30 am	Sgwrs a Choffi ( Chat and coffee ) - in the back of All Saints - Croeso i bawb - all very welcome
	2.00 pm	Coffee and craft in Norton Church - all welcome
<b>WEDNESDAY</b>	<b>10.30 am</b>	<b>Holy Eucharist</b> followed by refreshments
	<b>12.00 pm</b>	<b>Stations of the cross in All Saints</b>
	<b>2.00 pm</b>	<b>LENT COURSE in the Upper Church Rooms 'From Pancakes to Palm Sunday'.</b>
	7.00 pm	Choir practice - all welcome.
<b>THURSDAY</b>	10.30 am	Coffee and Chat in Norton Church - all welcome
	1.30 pm	<b>Church grounds and cleaning group</b> - all help welcome.
<b>FRIDAY</b>	3.00 pm	Mumbles Churches together World Day of Prayer service at Our Lady Star of the sea. All welcome.
	7.00 pm	A tribute to Ivor Novello in All Saints. See poster for details / tickets / admission.

**SATURDAY** 7.00 pm Swansea Chamber orchestra concert in All Saints. No advance tickets. Pay on the door only. See poster for details.

**NEXT SUNDAY** **8th March 2026 - Lent 3**  
**8.30 am Holy Eucharist (All Saints)**  
**10.00 am Choral Eucharist ( followed by tea / coffee )**  
**4.00 pm Choral Evensong in All Saints**

**Tenby trip : Wednesday 24th June.** Leaving All Saints at 9 a.m. and leaving Tenby at 5 p.m. to return. £17 per place. Currently full but a reserve list is being held. Please sign up with payment if you ( or family / friends ) can join us.

**Choral Evensong :** next Sunday at 4 pm. Do try and join us for this traditional Anglican service.

**A flavour of Wales ( 2 ) with Rob Pendry : TONIGHT** at 6 p.m. in All Saints. A entertaining evening of music , scenery , television from around Wales. Tickets / entry £5. *A great way to celebrate St. David's Day.* **DO COME ALONG. BRING YOUR FAMILY AND FRIENDS.**

**A tribute to Ivor Novello 'We'll gather Lilacs'** : next Friday at 7 p.m. in All Saints given by Ros Evans , Owen Webb and Sian Davies. Tickets £12. See posters for details / tickets.

**Swansea Chamber Orchestra Concert :** in All Saints next Saturday at 7 p.m. Entry is pay on the door only. £10 ( £8 concessions ). See posters for details.

**West Cross Foodbank:** are very short of carrier bags. If you have any that are no longer required please place them in the Food banks donation baskets at the back of All Saints.

**All Saints choir :** On Good Friday our choir will be leading the 2 o'clock service with a reflection called 'The cross of Christ' so now is a great time to join them as they start to prepare for that service as well as leading our weekly services so wonderfully .

**Pastoral Visiting :** please let me know of those in need of visits / contact at home or in care homes / hospital. When leading worship it is sometimes difficult to keep track of those missing so your help is greatly appreciated.

**St David's Day Prayer :** Faithful God, we give you thanks for the witness of Saint David, for his humility, his courage, and his call to do the little things well. Grant us grace to follow his example: to be steadfast in faith, gentle in service, and joyful in hope. Bless the people of this land, and renew your Church in love and holiness, that your light may shine in us and through us; through Jesus Christ our Lord. Amen.